

Personal Development Outline Plan 2026-27

Session	Date	Period	Year 7	Year 8	Year 9	Year 10	Year 11
1	Monday 14th September	2	Online Safety and Media Literacy	Protected Characteristics	Families and Marriage	Mental Health and Wellbeing	Post 16 and Post 18 Career Pathways
2	Monday 28th September	1	Online Safety and Media Literacy	Protected Characteristics	Families and Marriage	Preparing for the workplace	Post 16 and Post 18 Career Pathways
3	Monday 12th October	4	Puberty, Personal Hygiene, Basic First Aid	Protected Characteristics	Families and Marriage	Preparing for the workplace	Post 16 and Post 18 Career Pathways
4	Tuesday 3rd November	1	Puberty, Personal Hygiene, Basic First Aid	Protected Characteristics	Families and Marriage	Preparing for the workplace	Post 16 and Post 18 Career Pathways
5	Tuesday 17th November	2	Puberty, Personal Hygiene, Basic First Aid	Protected Characteristics	Intimate and Sexual Relationships	Preparing for the workplace	Mocks/Revision
6	Tuesday 1st December	4	Puberty, Personal Hygiene, Basic First Aid	Human Rights and Personal Finance	Intimate and Sexual Relationships	Preparing for the workplace	Alcohol Misuse
7	Wednesday 9th December	1	Mental Health and Wellbeing	Human Rights and Personal Finance	Intimate and Sexual Relationships	Intimate and Sexual Relationships	Online Safety and Harms
8	Wednesday 6th January	2	Mental Health and Wellbeing	Physical Health and Fitness	Intimate and Sexual Relationships	Intimate and Sexual Relationships	Online Safety and Harms
9	Wednesday 20th January	4	Healthy Relationships	Physical Health and Fitness	Knife Crime Awareness	Intimate and Sexual Relationships	Health and Prevention
10	Thursday 11th February	1	Healthy Relationships	Exploring my career path	Post-16 choices and the Labour Market	Intimate and Sexual Relationships	Health and Prevention
11	Thursday 25th February	2	Healthy Relationships	Exploring my career path	Post-16 choices and the Labour Market	Intimate and Sexual Relationships	Mocks/Revision
12	Thursday 11th March	4	Healthy Relationships	Exploring my career path	Post-16 choices and the Labour Market	Child Criminal Exploitation	Health and Prevention
13	Friday 19th March	1	Charity, Equality and Belonging	Exploring my career path	Post-16 choices and the Labour Market	Child Criminal Exploitation	Democracy - Threats to Democracy
14	Friday 7th May	4	Charity, Equality and Belonging	Exploring my career path	Post-16 choices and the Labour Market	Personal Finance	Y11 Leavers Assembly
15	Friday 11th June	2	Discovering Careers	Online Safety and Harms	Democracy and Belonging	Personal Finance	Study Leave
16	Monday 21st June	3	Discovering Careers	Online Safety and Harms	Democracy and Belonging	Consent, Domestic Violence and Online Safety	
17	Thursday 8th July	3	Discovering Careers	Online Safety and Harms	Drugs and Alcohol	Consent, Domestic Violence and Online Safety	
18	Friday 16th July	3	Discovering Careers	Online Safety and Harms	Drugs and Alcohol	Consent, Domestic Violence and Online Safety	

Careers	RSE
Belonging and Participation	PSHE